



BOYS & GIRLS CLUB OF BURLINGTON



For details contact:

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Healthy Habits 2010

Our **Healthy Habits** curriculum is the tool that we use to teach kids the building blocks of living healthy: reading nutrition labels, understanding the food pyramid, making healthy choices, and eating appropriate portions. Serving healthy food fulfills the immediate need of the children's hunger and nutritional balance, but it is also our goal to educate our members about health and nutrition so that they incorporate it into their daily lives. We offer healthy food choices every day for every child that attends our After School Program.

Healthy Habits curriculum emphasizes good nutrition, healthy food preparation and cooking, regular physical exercise and improving overall well-being.

Healthy Habits Sponsors

CORDON BLEU SPONSOR - \$10,000

- Banner across Kid's Café space for calendar year
- Press release and Facebook announcement
- Year-long presence on Healthy Habits page at www.bandgclub.org with a link to your website.
- Invitation to present to children and families on food, health and nutrition issues.
- Print recognition in all Club donor lists
- Print recognition ad in "Vermont Business Magazine"

GARDEN FRESH SPONSOR - \$5,000

- Press release and Facebook announcement
- Invitation to present to children and families on food, health and nutrition issues
- Year-long presence on Healthy Habits page at www.bandgclub.org with a link to your website
- Print recognition in all Club donor lists

THREE SQUARES SPONSOR - \$2,500

- Year-long presence on www.bandgclub.org with a link to your website
- Print recognition in all Club donor lists

MEAT AND POTATOES SPONSOR - \$1,000

Sponsors include GE Volunteer Council

- Print recognition in all Club donor lists

All Healthy Habits sponsors are invited to volunteer their time and share a meal with the children that benefit from their gifts.